

**SYLLABUS FOR COMPUTER BASED RECRUITMENT TEST (CBRT)**  
**FOR THE POST OF DIETICIAN UNDER**  
**DIRECTORATE OF HEALTH SERVICES**  
**(Adv 10 Year 2021)**

- I. General English including Grammar - 10 marks**
- II. General Knowledge, Current Affairs and Events of National and International Importance - 10 marks**
- III. Logical Reasoning and Analytical Ability - 25 marks**
- IV. Core: - 30 marks**
- Food groups: Balanced diet, food pyramid, macro & micronutrition.
  - Nutrients: The role of nutrients, nutrient deficiencies & requirements of nutrients for Indians.
  - Public health nutrition.
  - Nutrition through life span-physiological changes, development from conception to adolescence, nutritional needs, and dietary guidelines for adequate nutrition.
  - Community, Sports nutrition & nutrition at the time of emergencies and disasters.
  - Nutritional assessment methods & techniques.
  - Nutritional intervention: National nutrition policies and programs & food and nutrition security.
  - Therapeutic nutrition.
  - Diet counseling & management.
  - Research designs, principles & purpose of nutrition research.

**Note:**

**\* Duration for C.B.R.T : 90 Minutes**

**\*Maximum Marks for C.B.R.T : 75 Marks**